

# Promotional Material

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THE UNIVERSITY *of York*  
The Department of Health Sciences

# Informational Material

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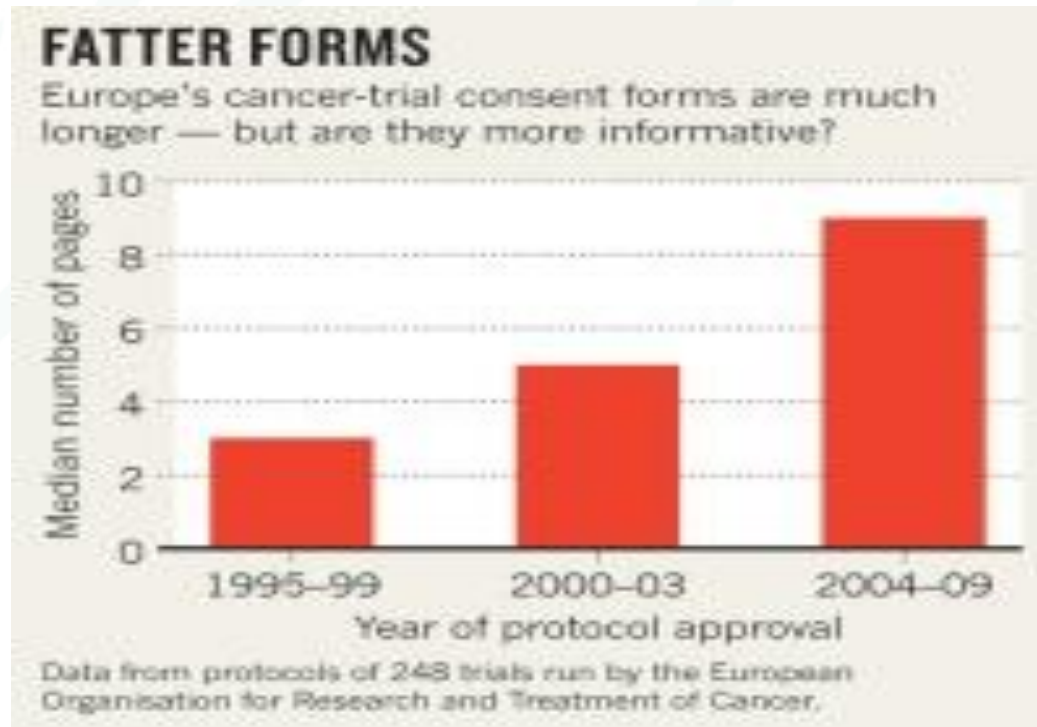
## **NRES Guidance**

- “Information...only one part of the process of seeking consent”.
- “...consider how best the research might be presented...”
- “...discussion and questioning are the most effective means of providing information.”
- “Studies with little or no intervention and less than minimal risk are likely to need a much shorter information sheet”
- “...you need not complete all sections.”



# Some more context...

- Survey of information sheets for cancer trials, by the European Organisation for Research & Treatment of Cancer



n = 248

D Cressey. *Nature* 2012; 482: 16.

## THE INDEPENDENT

### Millions 'cannot read well enough for karaoke'

By Paul Bignell (17 December 2006)

Millions of adults have such poor reading skills that they struggle to keep up with karaoke lyrics, government research has found.

Research for the Department for Education found songs like Frank Sinatra's "**New York, New York**" require the reading skills lacked by more than 5 million adults.

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- Sir Claus Moser report (*DfE*, 1999): 1 in 5 UK adults not "functionally literate"

# What are trial sheets for?

- Trial sheets...
  - **Manifest function:** a decision-making tool.
  - **Latent function:** a prospectus and a contract.
- The sheet is... *"the outcome of a process of institutional scripting..."*
- Patients... *"do not recognise (the information) as operating primarily in their interest."*

Mary Dixon-Woods' research group, University of Leicester.

*N Armstrong, et al. Sociology of Health & Illness 2012;*  
doi: 10.1111/j.1467-9566.2012.01469.x

- 45 trials.
- At least 16 were of altered information
- Trials mostly small
- ...and heterogeneous
- Inconclusive pattern of results



## Revised format and wording by using...

- plain English;
- good practice in writing for patients;
- graphic design;
- user testing (small sample work).

**AML16 trial:** P Knapp, DK Raynor, J Silcock, B Parkinson. *BMC Medicine* 2011; 9: 89.

**TGN1412 trial:** P Knapp, et al. *J Med Ethics* 2009; 35: 573-8.

**'Poor responders' trial:** P Knapp, et al. *Trials* 2009; 10: 79.

# NRIC AML-MDS TRIAL

## PATIENT INFORMATION SHEET 2 & CONSENT FORM 2

### 1. Study title

AML-MDS Trial

### 2. An invitation to participate in the AML-MDS trial

You are being invited to take part in a clinical trial. Before you decide it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

Thank you for reading this information. If you decide to take part you will be given a copy of this information sheet and your signed consent form.

### 3. What is the purpose of the AML-MDS trial?

Acute Myeloid Leukaemia (AML) and Myelodysplasia (MDS) are malignant conditions of the bone marrow. They both result in failure of the bone marrow to manufacture enough blood cells (red cells, white cells and platelets), because the marrow contains too many leukaemia cells. The details of these conditions will have been explained to you by your Haematology Team. There are two approaches to treatment and these will be explained to you by your treatment team. The first comprises between 2 and 4 courses of intensive chemotherapy which are given 4-6 weeks apart usually as an inpatient. The aim of treatment is to kill off the leukaemia cells and allow the marrow to work normally which is called disease remission, and is expected to happen after the first or second treatment course. Because there is a risk of the disease coming back a further 2 or 3 courses of treatment are given. This approach has risks associated with it. This approach may or may not be considered suitable for you.

The second approach is to use drugs to control the leukaemia cells in the bone marrow rather than to try to get rid of them completely. This approach is less intensive and some of the treatments can be given by mouth and taken as an outpatient. The chances of the disease going into complete remission are lower, but much less time in hospital is required.

For some patients, particularly those who are less fit or have other medical conditions, this may be thought to be a better approach. Which treatment approach is adopted for you will be decided after you have had a discussion with your doctor.



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# AML-MDS Clinical Trial

National Research Institute For Cancer  
Acute Myeloid Leukaemia and High Risk MDS Trial

## We invite you to take part in a research study

- Before you decide whether to take part, it is important for you to understand why the research is being done and what it will involve.
- Please take time to read the following information carefully. Discuss it with friends and relatives if you wish. Take time to decide whether or not you wish to take part.
- You are free to decide whether or not to take part in this research study. If you choose not to take part, this will not affect the care you get from your own doctors.
- Ask us if there is anything that is not clear or if you would like more information.
- Thank you for reading this information. If you decide to take part you will be given a copy of this information sheet and your signed consent form.

## Important things that you need to know

- We want to find out the best non-intensive treatment for Acute Myeloid Leukaemia (AML) and Myelodysplasia (MDS).
- We are testing three new medicines, which are Clofarabine, Mylotarg and Trisenox, and an existing medicine, which is Cytarabine.
- The medicines are given separately or together with other medicines, and this trial has four different groups or treatment options.
- Regardless of which treatment group you are in, you will receive four courses of treatment.
- Like all medicines used to treat leukaemia, the medicines used in this trial can have side effects.
- The trial fits into your normal treatment, so there are no extra hospital visits.
- You can stop taking part in the study at any time, without giving a reason.

## Contents

- 1 Why we are doing this study.
- 2 Why am I being asked to take part?
- 3 What do I need to know about the medicines used in this study?
- 4 What will I need to do if I take part?
- 5 Possible side effects.
- 6 Possible benefits and disadvantages of taking part.
- 7 More information about taking part.
- 8 Contacts for further information

## How to contact us

If you have any questions about this study, please talk to your doctor at

Haematology Unit  
Newland Hill NHS  
Foundation Trust  
Newland Hill Hospital  
London NW16 7BJ  
Tel: 01234 149 688

# AML16 trial sheet study

n=116

- **Participants finding & understanding all points:**

Original 8 / 55; Revised 40 / 61

(Chi<sup>2</sup>= 31.5; p<.001; Odds ratio = 11.2)

P Knapp, et al. *BMC Medicine* 2011; 9: 89.

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- **Reading time (mins):**

Original 27.6 (sd 11.4); Revised 28.4 (sd 12.9)

( $F = 0.30$ ;  $p = .86$ )

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- **Reading time (mins):**

Original 27.6 (sd 11.4); Revised 28.4 (sd 12.9)

(F= 0.30; p=.86)

- **Preferred sheet:**

Original 15 /116; Revised 101 /116

(Sign test p<.001)

P Knapp, et al. *BMC Medicine* 2011; 9: 89.



# Thoughts and ideas

1. The effect of revised information on recruitment (START)
  - writing to people at home or recruiting in person
2. What effect on recruiting clinicians?
3. Information preferences (Antoniou, *J Med Ethics* 2011)
  - complexity; media; content
4. Informed decision making
  - options; value sensitive; structured guidance to decision-making
5. Targeting those least likely to take part.

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