

## Test of physical performance

### *Purpose:*

To show that people might respond differently when their performance is measured by different people or in different settings.

### *Equipment needed:*

Easy to administer test of physical performance (such as a grip test)

Four envelopes, each containing one of the images

Method to record grip test results (to record sex of person, initial grip test, first picture and grip test results, second picture and grip test result)

### *Task:*

People will do a practice performance test (if necessary), and then randomly choose two from four envelopes. They open the first envelope, look at the picture, and repeat the test. Then, they open the second envelope, look at the picture and do the test a third time. The results of the test are recorded in the routine way, along with details of the picture that they looked at. After each participant, the envelopes should be shuffled.

The pictures in the envelopes could be

- Man
- Woman
- Triangle
- Circle





